AUTUMN VOLUME



Newsletter

STAY IN THE LOOP WITH UPDATES AND ANNOUNCEMENTS!

AT A GLANCE

- Residents Association and Resident Steering Group
- Be aware of Scammers
- Services, activities and opportunities

Join the Residents Association!



The Residents' Association (RA) aims to represent the needs of the community, we can only do this if you let us know your housing and repair issues and safety concerns on the estate. The Resident Steering Group (RSG) ensures our voices are represented in the regeneration plans.

We welcome new members and want to hear your views. The Residents Steering Group meets at 6-7pm on the second Tuesday of every month. The Residents Association meets at 6-7pm on the last Tuesday of every month. Email CMichelet@ppcr.org.uk to share information and/or attend the meetings. All the minutes from the Residents' Association and Resident Steering Group Meetings are available online click here for access.

Date for your diary!!



Make sure you put Tuesday 17th December 2024 in your diary! We will be having a raffle draw, festive food and some fun activities for all ages at Copley Close Community Centre, Honiton Close W7 1PT from 3.30-6.30pm. Look out for the posters for more information.

Services in your area



As the summer fades into the hues of autumn, it's natural to feel a shift in mood. The changing seasons can bring about feelings of melancholy or loneliness. It's important to remember that you're not alone. Local

services and support groups are available to help you navigate these seasonal changes. Don't hesitate to reach out and connect with others in your community.

Free Food from Gail's Bakery Partnership - We have formed a partnership with Gail's bakery in Ealing Broadway whereby they donate baked goods (bread, cakes and pastries) at the end of the day on Saturday for distribution to residents of Copley Close. If you are interested in helping with collecting/ distributing the goods, please contact <u>Ben Wesson</u>, one of your Pitshanger Ward councillors, who is happy to speak further with you about being involved in the project.

Ealing Council Household Support Fund is available for people who are struggling financially information is available here

Ealing Foodbanks are open across the borough from Monday to Saturday, you can find out when and where <u>here</u>. For more more information on how to access the foodbank and the wide range of support services available click <u>here</u>.

Ealing Holiday and Food Programme is available for eligible families information is on the council website here or keep up to date on the Facebook page here. If you need support navigating all the activities and services available or are not sure of you are eligible contact HAF@ealing.gov.uk.

PPCR Independent Tenant and Homeowner Advisors provides independent and impartial advice to Copley residents – responding to residents' regeneration and housing management queries; raising the issues with the Council on their behalf. PPCR also provides support to Copley RA and RSG ensuring that they are informed and equipped to influence the Council's decision-making processes on behalf of Copley residents.

PPCR delivers resident advice drop-in sessions (third Tuesday of every month - 3pm to 7pm) in the Copley Community at 39 Honiton Court. Flyers promoting the drop-in sessions are delivered to all Copley residents on a quarterly basis.

E.A.S.E (Empowering Action and Social Esteem) & Hanwell Big Local provide services from Hanwell Community Centre and other spaces in the local area, the timetable changes most months with new services to meet the whole family's needs being added all time, see more information here call 0208 575 6139.

For Under Fives (Term-Time only)

Sensory and Creative Play Every Tuesday 9:30 am - 11:00 am - Hanwell Community Centre, W7 1PD

Bumps to Babies (non-walkers only) Every Wednesday 9:30 am - 11:00 am -Hanwell Community Centre, W7 1PD

Stay and Play Every Friday Morning - 9-11am or Afternoon 12:30 -2:00 pm - North Hanwell Baptist Church, Cuckoo Avenue

For 11-19 year olds (Term-Time only)

Copley Youth Club including music production and recording sessions Every Monday 6.30-8.30pm Copley Close Community Centre W7 1PT

Information & Support Sessions

Do you need help knowing what benefits or help you are entitled to? Or accessing food-bank vouchers? With benefit forms? Struggling with debts? Or support with filling forms and letter writing? Need signposting or referrals to key services?

Get in touch with EASE's Information and Support Worker by emailing <u>fsw@empowering-action.org.uk</u> or calling 0208 575 6139. Appointments are available Monday-Friday 9.30am-2.30pm at Hanwell Community Centre.

Rework Project

EASE's Career Development Institute Registered Career Development Professional will support you throughout your employment and career journey. Support with preparing for a job search, and interview process, to making a career change and having the right mindset.

Work Club Wednesdays (Term-time only) 9.30-11.30am in room G7 at Hanwell Community Centre.

1:1 Appointments available on Wednesdays or Thursdays 9am-2pm.

To reserve your space email: careers@empowering-action.org.uk or call 0208 575 6139 or 07939 941 233.

Refresh Project and Activity Programme

EASE and HBL aim to reduce isolation and improve mental health and wellbeing through a range of creative and physical activities and opportunities to socialise, learning new skills, self-help workshops, peer support and counselling or coaching. Keep up to date by getting on the mailing list and contacting the team at EASE.

Be aware of scam callers



Door-to-Door Scams: A Growing Concern

Scammers often pose as council officials to gain entry into homes under false pretenses. They may claim to be conducting surveys, inspections, or offering services that require immediate attention. These tactics can be highly convincing, especially for vulnerable individuals.

Common Scams

- Bogus Council Workers: Scammers may present fake identification or uniforms to appear legitimate. They may claim to be checking for safety hazards, updating property records, or offering energy-saving upgrades.
- Emergency Repairs: Scammers may fabricate a sense of urgency, claiming that there is an immediate threat to the property, such as a burst pipe or structural issue. They may offer to carry out repairs at an inflated cost.
- Free Gifts or Services: Scammers may offer free items or services in exchange for personal information or access to the home. Once inside, they may attempt to sell more expensive products or services.

How to Protect Yourself

- Verify Identity: Always ask for identification from anyone claiming to be a council official. Check the identification carefully and compare it to the person's appearance.
- Call the Council Directly: If you are unsure about the legitimacy of a visitor, contact the council department directly to verify their identity and the nature of their visit. You can ring
- Never Allow Uninvited Strangers into Your Home: If you are uncomfortable with a visitor, politely decline and close the door.
- Be Wary of Pressure Tactics: Scammers often use high-pressure sales tactics to persuade people to make quick decisions. If you feel pressured, take a break and consider the situation carefully.
- Report Suspicious Activity: If you believe you have been approached by a scammer, report the incident to the police or your local council.

By being aware of these common scams and taking precautions, you can help protect yourself and your community from door-to-door fraud.

Useful Contact Details

If you are not in immediate danger please report the incident to the police by calling 101

If you are in danger, have experienced an assault, theft or threat call 999.

You can report crimes online **@ Report a crime**

Call the call centre at **0208 825 5682** to confirm the identity of someone who claims to be from Ealing Council.

Please also let us know by contacting your RA representative on the WhatsApp group or by emailing CMichelet@ppcr.org.uk so that we can ensure people are aware of local problems.

Get involved!



We will be sharing this e-newsletter by email or WhatsApp every three months. Can you help to share it to people you know on the estate? Can you translate it for those who don't read English? Do you want to contribute to future editions? Email CMichelet@ppcr.org.uk and express an interest.

Past newsletters are available <u>here</u>

